INCORPORATING HANDS ON FUN ACTIVITIES INTO SAFETY TRAINING
A Serious Question

Be honest...how many of you woke up super excited to sit through a day of safety training?
No Wonder They Fall Asleep
How Can We...

- Spice it up and keep it interesting
- Keep people awake and engaged
- Reduce the burden for presenters (You)
- Keep trainees guessing what is next
- Handle hecklers/skoffers
Employee Involvement
Involve in Planning Process

- What topics should be covered?
- How to make more interesting?
- Who should present?
- Help write scenarios for discussion.
Set Presenters Up To Succeed

- May be shy/nervous
- Start with short presentations...10 minutes
  - Expand when get more comfortable
  - Have them present with a group
- Find employees who are really good at something
  - Ask them to present – give them specifics
- Designate someone to help them with Powerpoint
- Help them practice presentation
- Will be comfortable very quickly
Rotating Training Stations
Practice Fall Protection/Rescue
First Aid
Table Top Emergency Response
Confined Space Gas Meter Use
Practice LOTO
Fire Extinguisher Training
Wellness
Training In the Plant
New Equipment
Loading Materials
Turn the Tables to the Trainees
How can we talk less and get them to talk more?
Sticky Note Fun!
Ask A Question...
Let’s Try One - Group Breakout
Brainstorming
Let’s Do It!

- 2 minutes
- Get your thoughts out quickly
- One idea per sticky note
- Feed off others’ ideas
- We will discuss ideas later
1st Question

What are the greatest challenges you face with respect to safety?
2 minutes
1 minute
Time’s Up!
Discuss and Prioritize

- 5 minutes
- Stack up similar ideas
- Put them in order – First to Last
- Prepare to discuss your ideas
Let’s Get Started!
5 minutes
4 minutes
3 minutes
2 minutes
1 minute
Time’s Up!
Share Your Results

- Top challenges with respect to safety
2 minutes
1 minute
Time’s Up!
Discuss and Prioritize

☐ 5 minutes
☐ Stack up similar ideas
☐ Put them in order – First to Last
☐ Prepare to discuss your ideas
Let’s Get Started!
5 minutes
4 minutes
3 minutes
2 minutes
1 minute
Time’s Up!
Why?

- Fun and different
- Quickly pools ideas and knowledge
- Ensures everyone’s ideas are heard
- Can be scaled to small or large items
- Always learn a lot
- Encourages employees to speak up
Using Sticky Note Exercise
To Ask Questions

- What are the biggest challenges you face?
- What are the biggest risks you face?
- What do you need from management to be successful at working safely?
- How can we get employees more involved in safety?
- What topics should we include at the next safety training?
To Solve Problems

- JSA’s
- Common Issues
- Most frequent injuries or near misses
- Planning for new processes
To Do Training

Today’s Challenge – Risk Assessment
Here’s the Scoop

- 1965 Mustang Shelby 350
- YOUR DREAM CAR (pretend for today 😊)
- You are rebuilding and need to remove the old engine and install a new one that is ready for install
- The paint job has already been done (don’t scratch it)
- You have typical homeowner’s tools and have never restored a car before.
- Your buddy Joe is a restoration expert but is very busy so can’t do it for you but can advise and help sometimes.
Let’s Do A Risk Assessment

- Risk to Employees and Equipment
- Steps of the Assessment:
  1. Identify Key Tasks and Their Order
  2. Identify Hazards of Each Task
  3. Determine methods to control/eliminate each hazard
  4. For each step determine if outside help is needed to be successful
Other Fun Activities
Teambuilding Ties to Safety

- Work together
- Leverage group knowledge
- Communication
- Trust and Respect
- Planning and Strategy
THE MARSHMALLOW CHALLENGE
The Challenge!

20 sticks of spaghetti  +  one yard string  +  one yard tape  +  one marshmallow
The Rules
18 minutes
Build the Tallest Structure
The whole marshmallow must be on top.
Must Be Standing Until Measured
Who Does Best?
What are OUR marshmallows?
Strategy
Use of Time
Communication
Survival Exercise
The Story

- You and your companions have just survived the crash of a small plane.
- Both the pilot and co-pilot were killed in the crash.
- It is mid-January and you are in Northern Canada. The daily temperature is zero and the night time temperature is below zero.
- There is snow on the ground and the countryside contains several creeks criss-crossing the area.
- The nearest town is 35 kilometres away.
- You are all dressed in city clothes appropriate for a business meeting.
Challenge

- Your group of survivors managed to salvage the following items:
  - A ball of steel wool
  - A small axe
  - A loaded pistol
  - Can of vegetable oil
  - Newspapers (one per person)
  - Cigarette lighter (without fluid)
  - Extra shirt and pants for each survivor
  - 20 x 20 ft. piece of heavy-duty canvas
  - An air map made of plastic
  - Some whiskey
  - A compass
  - Family-size chocolate bars (one per person)
Challenge

- Rank Individually
- Rank as a team
- How did the rankings change?
- Who had the most influence and why?
- Did the team score better than individuals? (Yes)
- How can we use teamwork and influence to improve safety?